As Head of School of Foundation I always tell my students that Foundation is the start of their professional career. Whatever work ethics, grades, friends you make or attitudes you adopt here with us, starts shaping your future from the moment you join us. APU students are known in the industry for their professional attitude when it comes to finding a job, and I am proud to say that our students show exceptional development of professional skills already at Foundation level. As a parent myself, I closely monitor my children's academic results. That said, I strongly believe that you must enjoy what you do in order to achieve maximised results. Besides incorporating a fun learning environment in the classroom, it is really the platform we provide for students outside of classroom where they form new relationships that can be important for both their personal and professional growth. Every newsletter is a reflection of this! With the exception of the awards ceremony, all events at foundation level are organised by the students, for the students. Lecturers advised and oversee the progress and mentor along the way, but ultimately this is where students develop their interpersonal skills. Lastly, I would like to warmly welcome new students, and say thank you to graduating Foundation students for making this term a fun and exciting time.

Meet The Team!

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Jaspreet Kaur

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Interviewer

Jagdish Singh
Project Manager

Maggie Yong
Editor in Chief

Teshwiniswaran
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Wong Zhi How
Secretary

Wong WaiHung
Designer

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Writer

Thong Soon Yew
Writer

Vivian Lai
Writer

Wong Cai Ling
Writer

Im Kean Phong
Writer

Sangeetha
Writer

This could be you! Join us!
Contact School of Foundation for more information.
The Foundation Experience
Students share their experience

“Foundation has been quite a fun and exhilarating part of my life and I have befriended quite a lot of friends from different regions of the world.”
- Elber Cuandra, Indonesia-

“APU has been great at giving me good experiences, and so far I have learnt valuable lessons from all experiences.”
- Wagas Khan, Saudia Arabia-

“My Foundation experience has been ridiculously awesome so far and the university is good overall.”
- Ally Faraj Abri, Yemen-

“As an overall for the first semester, I can say that I am very happy and satisfied by lecturers in APU.”
- Yelena, Turkmenistan-

“I like seeing many different students participating in different activities initiated by lecturers.”
- Bob, Kyrgyzstan-

“I met kind, caring lecturers and friends. I may take time to fully adapt to the new environment but I’m enjoying it!”
- Khoo Ee Jun, Malaysia-

“The experience in APU is awesome. The lecturers motivate us a lot. It is fun to study here.”
- Nishat Tahsin, Bangladesh-

“Even though I came a bit late to the intake, I’ve had a wonderful experience here in Foundation. The lecturers have helped me catch up with the lessons that I have missed.”
- Mazin Salah, Sudan-

“My experience has been really good so far in APU because there are so many people from different countries. Meeting them is a wonderful experience.”
- Muhammad Ali, Pakistan-

“Foundation year is good so far. I am happy with my lectures, friends and the university staff.”
- Ali Faour, Lebanon-
The School of Foundation awards ceremony was held on 14 November 2014 in Auditorium 3, from 2 - 5pm. The awards were presented in recognition of students from the School of Foundation who showed exceptional results in academic and non-academic achievements. Kudos to the award winners, and hopefully the subsequent batch of students will be inspired to follow suit.
The School of Foundation Awards Ceremony 2014

Congratulations

OUTSTANDING ACHIEVEMENT AWARDS
TAN BEE LAN
HEYTHAN KUMAR A/L RADHAKRISHNAN
PRIYALETHI NAIR A/P RAMOO

BEST STUDENTS AWARDS
HOY CHUN WAI (JANUARY)
QUAH WEI JUN (APRIL)
TAN BEE LAN (APRIL)
NIRAANJANA SUNATHAN A/P RAGUNATHAN (MAY)
IRENE TIONG YEE DING (JULY)
HARINDER SINGH A/L HARI SINGH (JULY)
HEYTHAN KUMAR A/L RADHAKRISHNAN (SEPT)
PRIYALETHI NAIR A/P RAMOO (OCTOBER)

LEADERSHIP EXCELLENCE AWARDS
MOHAMMAD HAMZA ISLAM
SEYRUNNAKTECHEAK ROS
KOH KIM LING
Meet The Winners!

Koh Kim Ling  
Leadership Excellence Award  
Seyrunnaktecheak Ros

1. What would your advice be to future Foundation students regarding participation in co-curricular activities?

Kim Ling: It’s good to expose yourself and join as many activities as possible as it allows you to gain more experience and interact with others which further helps to improve your social skills. So live your life to the fullest while you’re young!

Seyrunnaktecheak: Don’t hesitate in joining activities whether they’re big or small. Even if it’s a small activity, it could potentially encourage you to work on something bigger.

2. How have the activities you took part in benefited you?

Kim Ling: I would say experience. Each time I took part in a competition, I learned from my mistakes and improved. I met lots of new people through the activities and I also learnt to deal with challenging situations allowing myself to build a better me.

Seyrunnaktecheak: Every activity I took part in benefited me in different ways such as improving my creativity, punctuality and project management skills.

3. What will you miss most about your time with the School of Foundation?

Kim Ling: I will miss all of my classmates and lecturers. Everyone will choose their own path after that. It could be different courses or different colleges, and some may not be even studying anymore. I cherish every moment spent with them.

Seyrunnaktecheak: What I will miss most about my time in the School of Foundation are my lecturers, classmates, club mates, and all the activities we did together.

4. How does the experience of activities in college differ from school?

Kim Ling: The people you’re dealing with and the things you face are all different. At university you have to be more independent, especially when it comes to organising an activity or event as this experience will help you in your future career.

Seyrunnaktecheak: From where I studied, the study schedule was very packed, leaving very little time for co-curricular activities. However, in university I have easily been able to balance my free time activities as well as having enough time for my studies.

5. What was your most memorable achievement?

Kim Ling: I have loved Taekwondo since I was 12 years old. It has allowed me to build physical and mental strength. Team spirit is very significant so, of course I enjoyed my time with my teammates. We joined competitions to win and achieve success together. Winning alone is never as satisfying as winning as a team. This was the most valuable achievement for me.

Seyrunnaktecheak: My most memorable achievement was when I started a project regarding abused children. The “Protect our Children, Secure their Future” was a challenging project as I had to work with people from inside and outside the university. This project was my most memorable achievement during my foundation year.
On 12 December 2014, the biggest event of the year kicked off at 6pm. The Masquerade Party began with a brief welcome note by the Project Manager, Jagdish Singh. The night then struck a chord with a wonderful rendition of the song ‘All of Me’ by Ceaser. Later in a romantic and dimly lit room, the ‘Mysterious Date’ loosened up the guests when they were paired with people they had just met for the first time.

Throughout the night, guests were treated to a scrumptious variety food and refreshments while being entertained by various performances such as a song called “Little Apple” that was performed by a duo accompanied by beautiful dancers, followed by an energetic beatbox battle. Guests also joined the fun in games such as ‘Musical Chairs’, ‘Paper Dance’ and ‘Circle of Friends’. Towards the end, prizes and awards were given out to the lucky draw winners and winners of the various categories such as ‘Mr. and Ms. Foundation’. The year-end masquerade party was unforgettable and truly a night to remember.
Games

The award goes to...
Hot o’ Meter

- Single: 84%
- Whatsapp: 83%
- Coca-Cola: 72%
- Android: 62%
- Kim Kardashian: 61%
- Pizza Hut: 61%
- Messi: 56%
- Ronaldo: 44%
- Nicki Minaj: 39%
- Dominos: 39%
- iOS: 38%
- Pepsi: 28%
- WeChat: 17%
- Taken: 14%
On 24 December 2014, a group of School of Foundation (SoF) students volunteered to help asylum-seekers to perform at the Royale Bintang Hotel, Kuala Lumpur. The children strived to impress the crowd on the day of the event. SoF students collaborated with the founder of the Refugee camp, Ms. Lee to train the children to sing in English and choreographed dance moves. Most of the children were from countries where English is a foreign language. However, they confidently sang in English and spiced it up with hilarious dance moves. The children were given the opportunity to exhibit their talent as singers and dancers on stage witnessed by hundreds of guests.
Say NO to Violence against women! On 30 November 2014, 25 Foundation students participated in a flash mob for an event titled “Men on Board – Walk the Talk to Stop Violence Against Women”. The event was organised by Soroptimist International Region of Malaysia (SIROM) at University Malaya. SIROM acts as a global voice for women by raising awareness, action and advocacy. The message conveyed by the event is that attitudinal change in society is essential if women are to live in the world as equal human beings.
On 18 December 2014, the School of Foundation and other departments tagged a blood pressure machine priced at RM2000 for MAA Medicare. The event was a success as the funds raised were collected through the various activities held by SoF students. Students from different nationalities showcased their talents by crafting items, selling food, drinks, and setting up game stalls.
Meet The Lecturers!

We met some of the most inspirational, fun and fashionable lecturers of School of Foundation. Let’s see what they had to say when we asked them questions about teaching, being a teacher and more interestingly what they had to say about us, the students.

**Ms. Jaspreet**

What motivates you to teach every day?
I have to say the smile on students’ faces when they all of a sudden understand a new skill. Seeing students, who think they can’t do something, suddenly realise that all things are possible puts a smile on my face too. Facing the challenge of teaching students who have not been successful in the past and seeing them become successful in the present is truly rewarding.

**Ms. Sanggitha**

What have you learnt throughout your years as a lecturer?
In fact, I am still learning from my students every day. So far the most valuable lesson has been my ability to be more patient and calm in handling difficult situations. I have students from all over the world, and they have taught me many positive values, especially to be more understanding, and they are the reason why I am the person I am today.

**Ms. Jahan**

What do you find to be most challenging in being a lecturer?
Aha, easy! Smartphones!!! Competing with technology can prove to be a real challenge. It’s funny how they try to hide from being spotted using their phones and gadgets, like I can’t see you, really?! I have to admit that at times it can be a little irritating but come to think about it, we were all young once. Their mischievous behaviour often keeps me on my toes. I mean, as lecturers nowadays we are competing for attention against Facebook and Mr. Google, so we have to be on top of our game to make the classroom fun and educational.

**Ms. Faqiah**

A message you’d like to share with the students?
Well, I usually tell my students: ‘Never let success get to your head, and never let failure get to your heart’. Remember, that life has its ups and downs. You might not always be on the top, therefore, humility is essential to stay grounded. Most importantly is to remember that although you may be down at one point in life, your time will definitely come and then, the sky is the only limit.